

# SENIOR CONNECTION

## at Tapestry Senior Living

### What is the SENIOR CONNECTION?

The Moon Township Senior Connection offers senior programming to anyone that is 55+ and is open to residents and non- residents of Moon Township. Its a one-time fee of \$10.00 to receive a membership! For questions and registration please call- (412)305-4090 or (412)262-1703 x416

The Senior Center is open for daily programming, for all members, Monday through Friday 10 a.m. to 3 p.m. Meet friends to socialize and enjoy daily activities, cards, books, puzzles, ping pong, shuffleboard, billiards, crafts, and much more! There is always complimentary coffee, tea, and water provided!

## DAILY PROGRAMMING

### Fall 2025

#### SENIOR CONNECTION



### Monday

#### 10:00 a.m. - 3:00 p.m. Open Programming

Enjoy all that we have to offer! Meet new friends or bring someone with you!

#### 11:00 a.m. - Pay Me card game

#### 12:00 p.m. - Brown Bag Lunch

Enjoy lunch with friends

#### 1:30 p.m. - Scrabble time

#### 1:45 p.m. - Senior Strength Training/Coordination Class with Tina

(must be registered)

### Thursday

#### 10:00 a.m. - Poker Games

(Dealers choice; members play with pennies)

#### 10:30 a.m. - Senior Chair Yoga

(must be registered)

#### 12:00p.m. - Senior Chair Yoga

(must be registered)

#### 12:00 p.m. - Brown Bag Lunch

Enjoy lunch with friends

#### 12:00 p.m. - Pokeno Games

(like bingo; played with nickels)

#### 1:00 p.m. - NEW Dice Game 10,000 points

#### 2:00 p.m. - Jigsaw Puzzle Game

### Tuesday

#### 10:00 a.m. - Poker Games

(Dealers choice; members play with pennies)

#### 10:30 a.m. - Senior Chair Yoga

( must be registered)

#### 11:00 a.m. - EUCHRE card games

#### 12:00 p.m. - Senior Chair Yoga

( must be registered)

#### 12:00 p.m. - Rummikub Games

#### 12:00 p.m. - Brown Bag Lunch

Enjoy lunch with friends

#### 1:00 p.m. - Brain Games

#### 2:00 p.m. - Cooking Club- All foodies Welcome!

Exchange/discuss recipes, sample different food, and cooking!

Charges are dependent on food supplies needed for class

### Friday

#### 10:00 a.m. - Piece and Quilt Club

#### 11:00p.m. - Mexican Train Dominoes

(Experienced and Beginners Welcome)

#### 12:00 p.m. - Pinochle Games

#### 12:00 p.m. - Brown Bag Lunch

Enjoy lunch with friends

#### 12:00 p.m. - Pay Me card game & Pinochle card game

#### 1:30 p.m - Jigsaw Puzzle Game

**Daily scheduled activities subject to change, based on popularity of activity.**

**\*Please Note: Availability of the Senior Center, and daily programming, could be interrupted, or cancelled, due to Senior Connection scheduled events.**

### Wednesday

#### 10:00 a.m. - Poker Games

(Dealers choice; members play with pennies)

#### 10:30 a.m. - Ageless Agility exercise class

(must be registered)

#### 12:00 p.m. - NEW TIME-LCR

(Enjoy the dice game Left, Center Right; members play with quarters)

#### 12:00 p.m. - Brown Bag Lunch

Enjoy lunch with friends

#### 1:00 p.m. - Billiards!

#### 1:30 p.m.- NEW - Horse-racing Game! Super Fun

# SENIOR CONNECTION EVENT SCHEDULE & REGISTRATION DETAILS

All current information and program guides are available at the Senior Center in the Tapestry Senior Living and online at [moonparks.org](http://moonparks.org). Registration can be made at the front desk of Senior Connection, Monday - Friday 10:00 a.m. until 3:00 p.m or call (412) 305-4090.

All payments are due at the time of registration, and you **MUST** be a member to register/participate.

**Cancellation Policy:** Cancellations made less than a week before the event will incur a \$5.00 fee which will be subtracted from your refund made to your account. Day of Cancellations/No Show will result in no refund unless otherwise specified.

## **"Save a Life" CPR Training**

Learn CPR, First Aid, and AED usage taught by Valley Ambulance. After training, they will provide a pizza lunch!

**DATE:** September 8, 2025

**TIME:** 11:30 a.m.

**FEE:** FREE to Members (Registration required)

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** September 2, 2025

## **Senior Yoga at Tapestry 2x per week 6 weeks / 12 classes**

Come practice yoga postures, breathing exercises, and other relaxation techniques to improve your balance, strength, and flexibility.

**DATES:** Tuesday, September 9 -Thursday, October 16, 2025

**NO CLASS** on October 14. The make-up class will be on Monday, October 13, 2025

**TIMES:** 10:30 a.m. and 12:00 p.m.

(choose class time when registering)

**FEE:** \$45.00 (Must be a member)

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** September 2, 2025

**Note:** Must be a Senior Connection member to register.

No refund for unused or unattended classes! This is a 6-week class that meets twice a week

## **Tapestry Lunch with the Residents**

**DATE:** September 10, 2025

**TIME:** 1:30 p.m.

**LOCATION:** Wise Owl coffee shop at Tapestry

Sponsored by - Tapestry Senior Living

Register with Tiffanie at Tapestry Senior living

412/480-4683 or [Tiffanie.Lightner@tapestryseior.com](mailto:Tiffanie.Lightner@tapestryseior.com)

## **Ageless Agility exercise/stretch class Every Wednesdays**

Practice exercises that will improve balance, mobility, and agility using a chair as needed. Modifications can be made to all movements.

**DATES:**

Session #1 September 10 - October 8, 2025

Session #2 October 15 - November 12, 2025

**NO CLASS** on October 29 - 2025, makeup class will be on Monday, October 27, 2025

Session #3 November 19 - December 17, 2025

**TIME:** 10:30 a.m. - 11:30 a.m.

**FEE:** \$25.00 per session for the 5 classes

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:**

September 2, 2025 / October 6, 2025/ November 10, 2025, PLEASE specify which session when registering

## **Senior Strength Training/Coordination per 6 weeks/ 1x per week (6 classes)**

Stretch bands, balls and light weights will be used while sitting or standing.

**DATES:** Monday, September 15 - Monday, October 27, 2025

**NO CLASS** on October 27. The make-up class will be on Monday, November 2, 2025

**TIME:** 1:45 p.m.

**FEE:** \$45.00 (Must be a member)

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** September 2, 2025

**Note:** Must be a member of Senior Connection to register.

No refund for unused or unattended classes!

This is a 6-week class.



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# SENIOR CONNECTION

## Coffee and Donuts with the Township

### Manager (Ages 55+)

A time to ask questions, give opinions and have friendly conversation.

**DATE:** September 16, 2025

**TIME:** 10:00 a.m.

**LOCATION:** Senior Connection- Tapestry Kitchen

**\*No registration required**

## Potluck Lunch-End of Summer

### Spectacular (Ages 55+)

Show off your culinary skills while enjoying food, fun, and friendships. NO WALK-INS for this event. Mark your dish with your name and bring a serving utensil! Tapestry will sponsor the beverages.

**DATE:** September 18, 2025

**TIME:** 1:30 p.m.

**FEE:** NO COST but please bring a dish to share with 20 people (Couples please provide 2 dishes)

**LOCATION:** Senior Connection - Tapestry Kitchen

**REGISTRATION DEADLINE:** September 4, 2025

## BUNCO (Ages 55+)

For all who enjoy fun dice games. Instructive game for 16 participants with prizes. Give it a try!

**DATE:** September 19, 2025

**TIME:** 12:30 - 2:30 p.m.

**FEE:** \$3.00-Cash only day of program to play

**LOCATION:** Senior Connection

**REGISTRATION DEADLINE:** September 12, 2025

## Traditional Tea Party, Lunch & Relaxing

### Hand Massages (Ages 55+)

A day for the ladies. Hats and gloves encouraged while sipping tea, enjoying a talk by a tea expert, tea party fare, hand massages and a game or two.

**DATE:** September 26, 2025

**TIME:** 12:30 p.m.

**FEE:** \$21.00

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** September 12, 2025

## Rigatoni Luncheon at Robin Hill (Ages 55+)

Let's visit one of our favorite places, Robin Hill.

Enjoy a delicious rigatoni lunch.

**DATE:** September 30, 2025

**TIME:** 1:30 p.m.

**FEE:** \$15.00

**LOCATION:** Robin Hill Event Center in Robin Hill Park 949 Thorn Run Rd., Moon Township, Pa. 15108

**REGISTRATION DEADLINE:** September 16, 2025

## MediConnect Presents: Medicare Made

### Simple (Ages 55+)

This will focus on providing guidance for all age eligible individuals who often feel overwhelmed by all the options available. There is no cost or fees for this service.

MediConnect can also be heard weekly on KDKA-AM Radio

**DATE:** October 7, 2025

**TIME:** 10:30 a.m.

**NO FEE**

**LOCATION:** Senior Connection -Tapestry kitchen

**REGISTRATION DEADLINE:** September 30, 2025

## Fall Wine Tasting/Lunch (Ages 55+)

For members who are serious about their wines. A lovely afternoon sipping a Fall selection of wines. Sure to be an informative presentation by Jill Kummer, a local wine expert. The tastings will be paired with delicious roast beef lunch.

**DATE:** October 14, 2025

**TIME:** 12:00 Noon

**FEE:** \$22.00

**LOCATION:** Senior Connection -Tapestry Kitchen

**REGISTRATION DEADLINE:** October 6, 2025

## BUNCO (Ages 55+)

**DATE:** October 17, 2025

**TIME:** 12:30 - 2:30 p.m.

**FEE:** \$3.00-Cash only day of program to play

**LOCATION:** Senior Connection

**REGISTRATION DEADLINE:** October 10, 2025

# EVENT SCHEDULE CONTINUED

## **Super Pokeno (If you like bingo, you'll love Pokeno!)** *(Ages 55+)*

A fun game played with a deck of cards and games sheets. 5 in a row means P-O-K-E-N-O.

Easy and fun with cash prizes, beverages and snacks.

\*This game is played with nickels, please bring at least \$3.00 in nickels per person.

**DATE:** October 23, 2025

**TIME:** 12:30 p.m.

**FEE:** \$5.00 ( must be a member)

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** October 16, 2025

## **Senior Yoga at Tapestry 2x per week** **6 weeks / 12 classes** *(Ages 55+)*

Come practice yoga postures, breathing exercises, and other relaxation techniques improving your balance, strength, and flexibility.

**DATES:** October 28 -Thursday, December 11, 2025

NO CLASS Nov. 13 the makeup class will be on Friday, Nov. 14

NO CLASS November 25 or 27 due to Holiday week.

**TIMES:** 10:30 a.m. and 12:00 p.m.

(choose class time when registering)

**FEE:** \$45.00 (Must be a member)

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** October 18, 2025

**Note:** Must be a Senior Connection member to register. No refund for unused or unattended classes! This is a 6-week class that meets twice a week **Tuesday and Thursday**

## **Speaker Series: Pittsburgh Paranormal's founder Shaun Kelly** *(Ages 55+)*

Mr. Kelly is back by popular demand. This is his third visit, and we welcome his ghostly stories, paranormal facts, and out of this world experiences.

**DATE:** October 29, 2025

**TIME:** 11:00 a.m.

**NO FEE**

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** October 15, 2025

## **Halloween B I N G - G L O W** *(Ages 55+)*

As it says in the title, this will be a fluorescent fun time, and we will glow with excitement. The afternoon will include bright surroundings as we play BINGO for great prizes. Enjoy halloweenies (hot dogs) with all the toppings, chips and a Halloween treat.

**DATE:** October 31, 2025

**TIME:** 12:30 p.m.

**FEE:** \$15.00

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** October 17, 2025

## **Speaker Series: Common Backyard Birds** **(Day of week change)** *(Ages 55+)*

Join award winning bird photographer Doris Dumrauf for an educational experience on the most common backyard birds of western Pa.'s habitats and food preferences.

**DATE:** November 10, 2025

**TIME:** 11:00 a.m.

**NO FEE**

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** October 31, 2025

## **Potluck Lunch-Fall Foods** *(Ages 55+)*

Show off your culinary skills while enjoying food, fun, and friendships. NO WALK-INS for this event. Mark your dish with your name and bring a serving utensil! Tapestry will sponsor the beverages.

**DATE:** November 20, 2025

**TIME:** 1:30 p.m.

**FEE:** NO COST but please bring a dish to share with 20 people (Couples please provide 2 dishes)

**LOCATION:** Senior Connection - Tapestry Kitchen

**REGISTRATION DEADLINE:** November 6, 2025





# SENIOR CONNECTION

## Tapestry 's Veteran Pinning Ceremony with appetizers & drinks (Ages 55+)

**DATE:** November 11, 2025

**TIME:** 2:00 p.m.

**LOCATION:** Atrium at Tapestry

**SPONSORED BY-** Tapestry Senior Living

Register with Tiffanie at Tapestry Senior living at

412/480-4683 or Tiffanie.Lightner@tapestryseior.com

## Bandstand show "Sounds of Pittsburgh" (Ages 55+)

A special live performance of their version of American Bandstand featuring hits from the 50's through the 80's.

**DATE:** November 13, 2025

**TIME:** 2:00 p.m.

**FEE:** \$10.00

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** October 30, 2025

## Senior Strength Training/Coordination 6 weeks/1x per week (6 classes)

Stretch bands, balls and light weights will be used while sitting or standing.

**DATES:**

Monday, November 17 - Monday December 29, 2025

NO CLASS on October 27. The make-up class will be on

Monday, November 2, 2025

**TIME:** 1:45 p.m.

**FEE:** \$45.00 (Must be a member)

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** , 2025

**Note:** Must be a member of Senior Connection to register.

No refund for unused or unattended classes!

This is a 6-week class.

## BUNCO (Ages 55+)

**DATE:** November 21, 2025

**TIME:** 12:30 - 2:30 p.m.

**FEE:** \$3.00- Cash only day of program to play

**LOCATION:** Senior Connection

**REGISTRATION DEADLINE:** November 14, 2025

## BUNCO (Ages 55+)

**DATE:** December 19, 2025

**TIME:** 12:30 - 2:30 p.m.

**FEE:** \$3.00-Cash only day of program to play

**LOCATION:** Senior Connection

**REGISTRATION DEADLINE:** December 12, 2025

**SAVE THE DATE: December 18, 2025,  
for our annual Christmas party. Stay  
tuned for a special announcement  
with all the details.**

## Annual tree decorating of the Senior Connection Christmas tree (Ages 55+)

Enjoy this special holiday program and help us get the center ready for the Christmas holiday. Enjoy music of the season, a cup of hot cocoa and snacks.

**DATE:** December 4, 2025

**TIME:** 10:30 a.m.

**NO FEE**

**REGISTRATION DEADLINE:** November 26, 2025

## Pizza Party and Karaoke (Ages 55+)

MediConnect will be here to host our very own Christmas Karaoke party. Have fun and sing along to your favorites. Enjoy an afternoon of delicious pizza, Christmas music & giveaways. Individual singing with the microphone is NOT mandatory.

**DATE:** December 10, 2025

**TIME:** 12:30 p.m.

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** December 1, 2025

## Tapestry Hosts: Christmas Movie Hot Cocoa

**DATE:** December 22, 2025

**TIME:** 1:00 p.m.

**LOCATION:** Senior Connection Ballroom

**REGISTRATION DEADLINE:** December 15, 2025

